

Wash your hands thoroughly and frequently

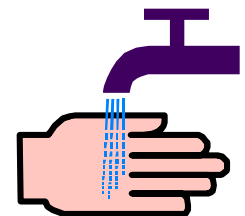


Use soap and warm running water.

Lather well and then rub hands for at least 10 seconds.

Clean the wrists, palms, fingers, in between fingers, back of hands, and around fingernails.

Rinse hands in running water.



Dry hands using clean paper towel or air dryer.



Put used paper towel in wastebasket.