

Dear Parents,

Help prevent injury by teaching your children how to 'stay safe on the go.' Whether riding in a car, on a bus, or on a tricycle, children should learn and follow safety rules. Have fun talking with your children about the pictures in this booklet and ways they can stay safe.

Page 2 – Play Safe! Make sure your child's play area is safe. Children should not play in or near streets or driveways. Always check behind your vehicle before backing.

Page 3 – Always wear a helmet! Children and adults should always wear a helmet when on a tricycle, bicycle, skateboard, skates, or roller blades. A helmet can help prevent head injuries, as well as broken noses, cut faces, and lost teeth. The helmet should fit snugly and cover the forehead.

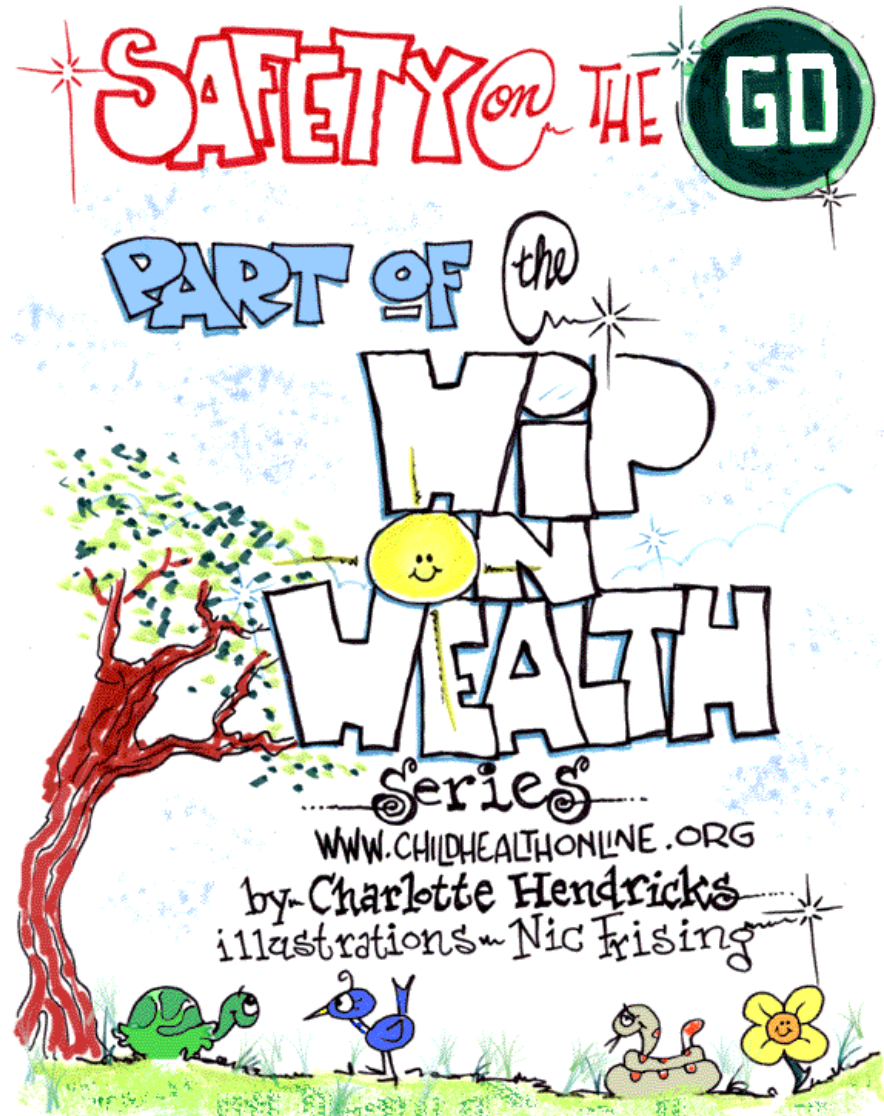
Page 4 – Drive Safely. Battery-operated vehicles look like fun for young children, but they can be deadly. Only allow children to ride on level areas, away from streets or vehicles. Toy vehicles should never be allowed on porches or decks with stairways! Always supervise children closely.

Page 5 – The Big Yellow Bus. Many young children ride a bus or van to school or childcare. An adult should stay with children until they get on the vehicle. And, be sure an adult is waiting for your child when he or she gets off the bus. Young children should not wait alone at the bus stop.

Page 6 – Ride the Safe Way. Motor vehicle crashes are a leading cause of injury and death for young children. A crash at just 5 miles per hour can send an unbuckled child into the dashboard or windshield. Infants and small children should use car seats. Older children should use a booster seat with the lap belt and shoulder harness. Adults should buckle-up, too!

Page 7 – Stop, look, and listen. Young children should not cross a street alone. Although they may seem to cross streets carefully, children do not develop the necessary "stop, look, and listen" skills until at least 6 years of age. Hold your child's hand and be a good role model. Cross streets at the corner, and wait until all traffic is past before stepping into the street.

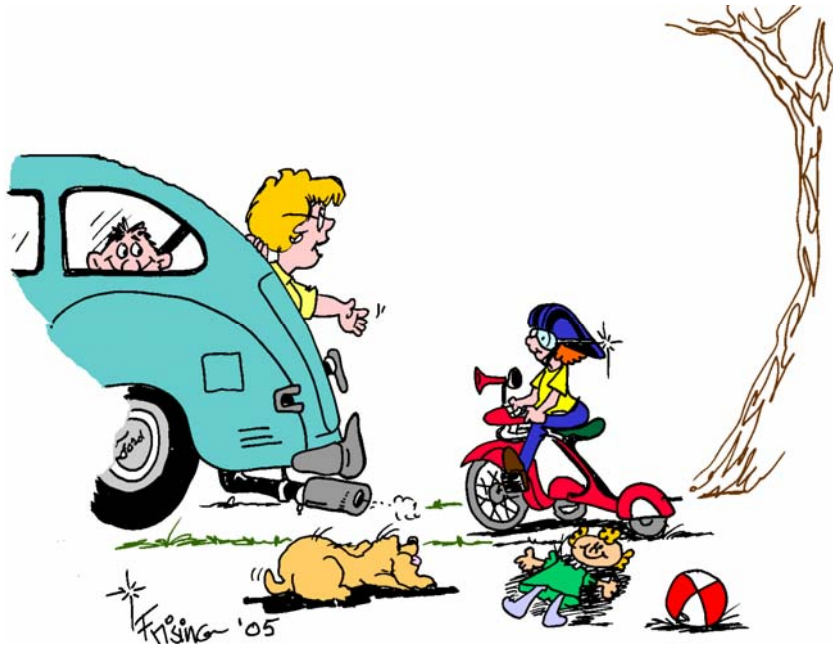
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CHIPR
CHILD HEALTH INFORMATION
and PREVENTION RESOURCES

Be careful when riding.



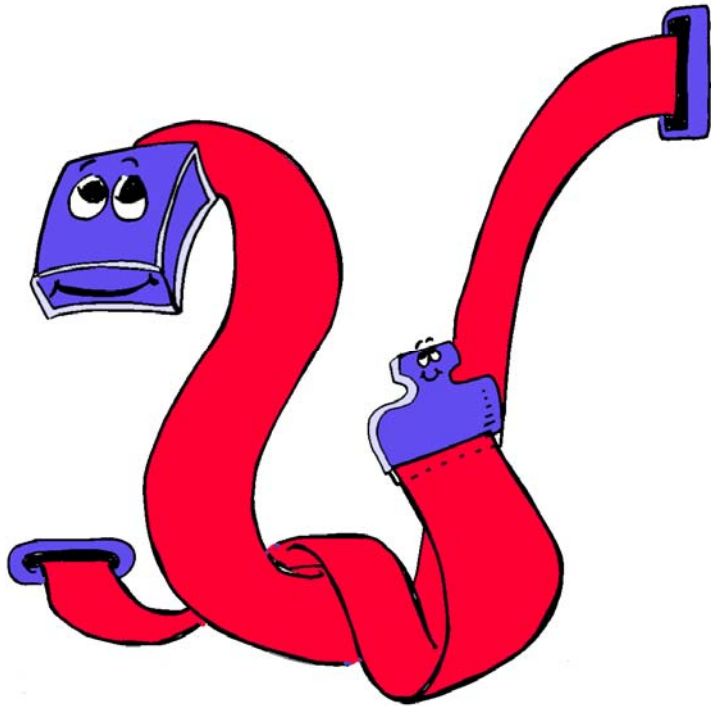
Do not ride or play near cars or trucks.

Stop, look, and listen before crossing!



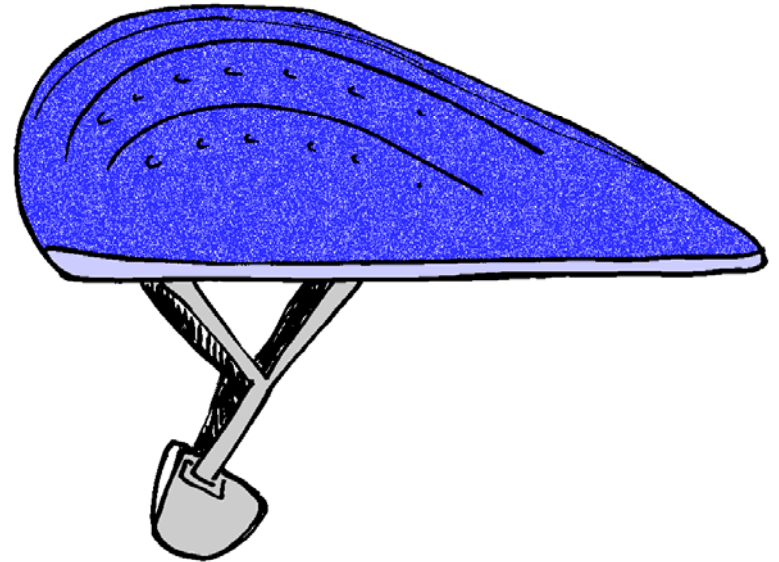
Young children should not cross a street alone.

Friends for Life...
Your life!



Ride the safe way.
Always buckle up!

**ALWAYS WEAR YOUR
HELMET!**



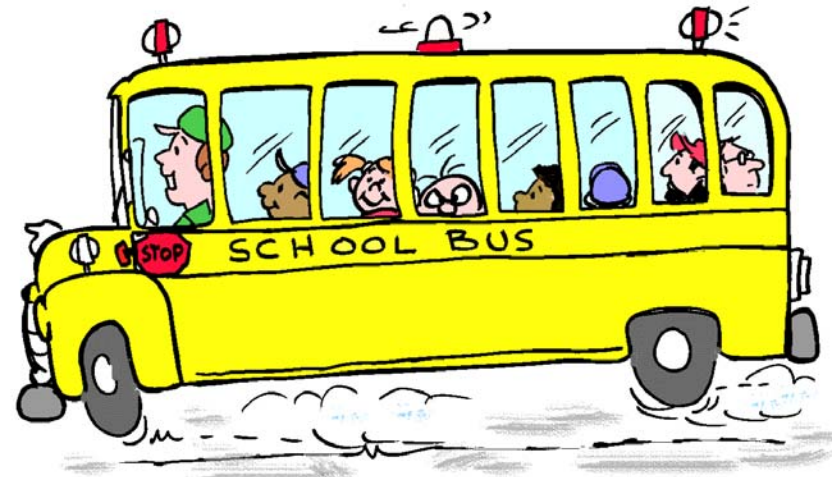
Is it a bird or a plane?
No, it's a helmet!

Watch out for other people. They might not see you.



Only ride in areas where there are no big cars. Helmets required!

Stay seated when riding in a moving bus.



Do not put anything out the windows, including your nose!