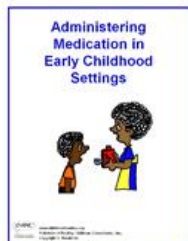
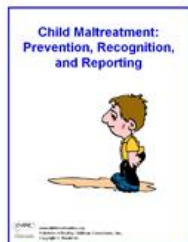


Printable Summary of Training Modules, 2011



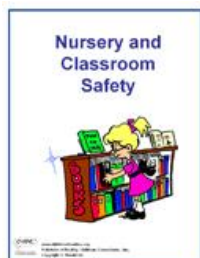
Administering Medication in Early Childhood Settings

Discuss when to give medications, the "Five Rights" of assisting with medication, appropriate procedure and documentation, and effective follow-up with parents with their children's medications. Participant activities help participants learn to correctly measure and administer medications.



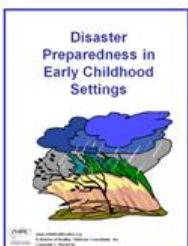
Child Maltreatment: Prevention, Recognition & Reporting

Help participants recognize signs of abuse and neglect and family and environmental situations that may trigger abuse. Discuss ways to prevent abuse from occurring in childcare settings and the caregiver's role in reporting suspected abuse and neglect.



Nursery & Classroom Safety

Most indoor injuries can be prevented by recognizing and correcting potential hazards. Teach participants to evaluate the safety of early childhood settings including hallways, floors, ceilings, doors, windows, furniture, toys, restrooms, and storage areas. Explore hazards associated with cribs and cots, art supplies, toys, electricity, etc. Discuss preparation for and posting of emergency information.



Disaster Preparedness in Early Childhood Settings

The threat of disaster is real, whether natural (weather, fire, flood), technological (blackout, chemical spill), or intentional (explosives, bioterrorism). Training, preparation and practice are essential. Discuss appropriate responses to situations which may require sheltering-in or evacuation to a safe site for an extended period of time (72 hours). Content includes policy and procedure development, warning system, supplies and storage, transportation..



Emergency Situations in Early Childhood Settings

Help staff identify and prepare for immediate response to emergencies in early childhood setting. Discuss situations involving child or adult injury or illness, natural disaster, evacuation emergency, missing child, and potentially violent situation.



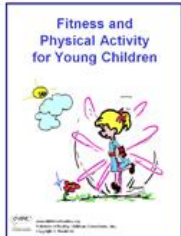
Field Trip Safety

Children's safety must be top priority when planning field trips. Help teachers and staff identify appropriate settings for field trips with regard to children's safety, consider transportation issues, and anticipate and prevent emergency situations.



Fire & Burn Prevention in Early Childhood Settings

A fire emergency can be frightening and very different from the monthly fire drill. Discuss ways to eliminate fire hazards in childcare settings, both center- and home-based. Practice what to do in a fire emergency, including "two-ways out." Incorporate fun developmentally appropriate activities in lesson plans to teach young children about fire prevention and safety.



Fitness & Physical Activity for Young Children

Children are naturally active and enjoy moving their bodies. Take advantage of this and promote physical activity in play throughout the day. Regular physical activity helps children become fit, strong, flexible, and stable while developing stamina. Explore appropriate activities for infants, toddlers, and young children.



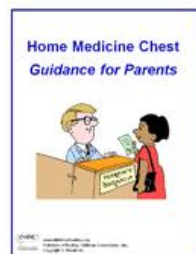
Food Allergies

Many young children have food allergies; reactions to exposure can range from mild rash or diarrhea, to life-threatening anaphylaxis. Exposure can occur on field trips or during classroom activities as well as through meals and snacks. Learn to identify food allergens and ingredients, ways to prevent exposure, and appropriate response to reactions.



Healthy Eating & Young Children

Many eating habits are formed during early childhood and persist throughout life. Provide parents with information and practical techniques to promote healthy eating habits in young children. Discuss convenient and cost-effective ways to provide nutritious meals and snacks.



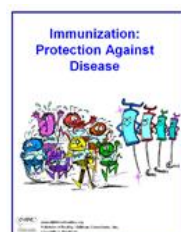
Home Medicine Chest: Guidance for Parents

Help parents and family members make more informed choices when purchasing medications or first aid supplies for children. Encourage families to contact health professionals when their child is sick or injured, and discourage the use of unnecessary and possibly dangerous medications and "home remedies."



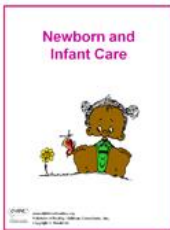
Home Safety: Preventing Injury

Serious injuries can occur in home child care settings or in the child's own home. Cuts, burns, head injury, choking, and other injuries are preventable. Explore why children are most often injured, identify hazards in and around the home, and discuss ways to prevent injury and death.



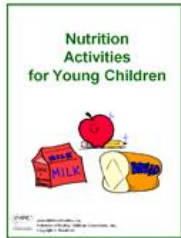
Immunization: Protection Against Disease

With up-to-date immunizations, children are protected from many serious diseases. Most families today have not experienced the scourge of measles, mumps, or diphtheria; therefore, a false sense of security can develop. Discuss specific diseases and why immunizations are essential. Updated with 2011 recommendations.



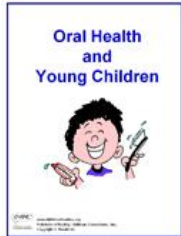
Newborn & Infant Care

Designed for parents and caregivers, content includes care and needs of newborns and infants, including feeding, bathing, sleeping, lifting and holding, and stimulation and nurturing.



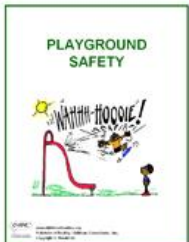
Nutrition Activities for Young Children

Teach children about healthy eating and nutrition with fun and safe food and cooking activities. Content covers healthy eating habits, family style meal service, safety issues, food preferences, and eating habits. Involve and motivate participants with food, fun, and hands-on activities!



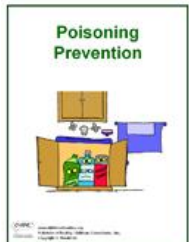
Oral Health & Young Children

All teeth are important! Teach caregivers and families how to clean and care for children's teeth and gums; and discuss the importance of regular dental care. Discuss ways to prevent oral injuries and review emergency care.



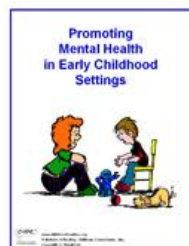
Playground Sfaety

Help participants prevent injury by describing general hazards, as well as those associated with specific equipment and play situations. Content includes supervision, age appropriate equipment design, fall surfacing, and equipment and surfacing maintenance.



Poisoning Prevention

Many household cleaning chemicals, medicines, plants, paints, and fuels can cause injury or death if ingested, breathed, or splashed in the eyes or on the skin. Discuss proper storage and use of potentially toxic substances to prevent childhood poisoning. Explore substances commonly found in homes or childcare environments. Explain the need for immediate and appropriate treatment, including contact with the local poison control center.



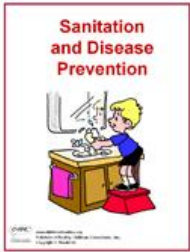
Promoting Mental Health in Early Childhood Settings

Development of mental health begins at birth. As children grow, they respond to people, relationships, and day-to-day interactions. A consistent nurturing and supportive environment is the foundation of mental health throughout life. Help caregivers and families understand how they can nurture and support young children (infants through preschool).



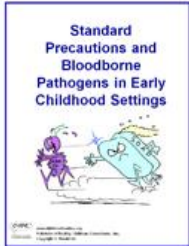
Safe Toys for Young Children

Children learn through play; they are curious, eager to try new activities, and are developing skills. Exposure to both familiar and new items promotes skill development and brain development. Toys are a tool fo play -- basic instruments for the development of children's fantasy, imagination, and creativity. Toys are safe or unsafe for children based on the child's age and the toy materials and usage. The purpose of the training is to help parents and child caregivers select toy that are safe and developmentally appropriate to suit the skills, abilities, and interests of the child.



Sanitation & Disease Prevention

Help staff and volunteers understand how regular cleaning and disinfection is essential to the health of children and adults. Discuss how germs are spread, and ways to prevent the spread of disease in early childhood settings, including standard precautions. Demonstrate ways to teach children about preventing disease.



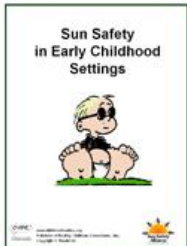
Standard Precautions & Bloodborne Pathogens in Early Childhood Settings

Following standard precautions is essential in preventing the spread of disease. Discuss how germs are spread, and ways to prevent the spread of disease in child care. Content includes definition of bloodborne pathogens, description of specific diseases, and steps of standard precautions.



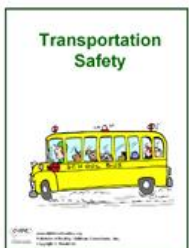
Stress Management for Child Caregivers

Stress management for teachers and child caregivers is important; too much stress not only can affect the caregiver's health, but also the quality of care that the adult is able to give. Help caregivers recognize specific stressors in their jobs, share ideas and suggestions on how to minimize specific stressors, and explore various stress management techniques. Warning--you must have a sense of humor to provide this training!



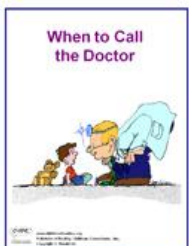
Sun Safety in Early Childhood Settings

On average, children get three times more sun exposure than adults and are at risk for lifetime damage. Sun safety actions including avoiding peak hours, seeking shade, wearing hats and cover-up clothing, wearing sunglasses, and using sunscreen. Protect children and teach lifelong habits by integrating sun safety in daily activities all year long. (Developed in collaboration with the Sun Safety Alliance.)



Transportation Safety

Educate teachers and vehicle monitors on transportation safety issues such as loading/unloading, buckling-up, supervision, and emergency response. Discuss appropriate ways to educate children and reach families with transportation safety information.



When to Call the Doctor

Early diagnosis and treatment often can prevent serious health problems. Help staff and parents recognize symptoms of childhood illness and injury, and know to contact medical help when appropriate. Describe danger signs which might indicate a need for immediate professional medical attention.