



TUMMY TROUBLE

Sometimes children have tummy-aches, vomiting, or diarrhea. Tummy problems can be caused by eating too much food, eating spoiled food, stress, infection, or parasites. Your child may get a stomachache or diarrhea when taking antibiotics or other medicines.

Tummy problems that are not serious will go away after a few hours. However, diarrhea and vomiting can cause dehydration. If your child cannot keep fluids down and has dry skin, sunken eyes, or is not urinating at least every six hours, call the doctor.

If your child continues to vomit or have diarrhea for more than 24 hours, or if you are worried, call the doctor. For infants, you should call the doctor much sooner. Infants can become seriously ill very quickly.

If the child has fever, your doctor may recommend acetaminophen or ibuprofen to make him feel better. Do not give aspirin to children. Aspirin has been associated with a life-threatening disease called "Reye's Syndrome."

Call the doctor if your child's fever goes over 101° or if it lasts more than 24 hours. Call the doctor immediately if a young infant (under 3 months) has any fever, or if an older infant has a fever of 100° or higher.