

**HEALTH AND SAFETY CHECKLIST**  
[www.childhealthonline.org](http://www.childhealthonline.org)

Health & Safety Criteria	Yes	No	Need to repair
Have you checked parts of your facility to see if they are safe, clean, sturdy, and in good repair?			
Stairs (indoor, outdoor, fire escape) -- free from clutter and well lighted			
Porches, decks, and balconies – free from splinters or loose nails			
Railing secure – on stairs, porches, decks, lofts			
Furniture placed so children <b>cannot</b> climb to reach windows or hazardous objects			
Electrical cords are in good condition and away from children's reach			
Electrical or extension cords <b>do not</b> run under rugs			
Paint in good condition – no peeling or chipped paint			
All household plants identified; no poisoning plants in children's reach			
No standing water - Empty water from pails immediately after use; toilet lids down; bathroom door closed			
Latches or plastic door knob covers on all doors that children should <b>not</b> use.			
Outlet covers or plugs in every electrical outlet in rooms used by children			
Matches and lighters out of children's reach			
No tobacco products in the children's areas, either inside or outside.			
Secured basement or garage doors, including automatic garage doors, so they cannot be opened by young children			
Use secure gates to block access to stairs or other dangerous areas			
Removed and replaced any accordion-style gates			

<b>Storage</b>	<b>Yes</b>	<b>No</b>	<b>Need to repair</b>
Installed safety latches on all drawers and cabinets containing dangerous items			
Potentially toxic items out of children's reach including;			
* Medicines, vitamins, aspirin, etc			
* cosmetics, shampoo, perfume, mouthwash, etc			
* Cleaning supplies, bleach, polish, ammonia, drain cleaner, etc.			
* Alcoholic beverages			
* Pet supplies			
* Pesticides			
* Home repair supplies, paint, turpentine, solvents, etc			
* Vehicle supplies, gasoline, antifreeze, windshield washer solvent, etc.			
* Flammable liquids, charcoal lighter fluid			
Keep all poisons, cleaning supplies, etc in their original labeled container			
Store all poisons away from food products			
Poison Center number posted at all telephones			
<b>Prevent Burns:</b>			
Keep all hot items out of children's reach, including:			
* Pots on stoves placed on rear burner; turn handle toward back of stove			
* Crock pot, electric fry pan, coffee maker			
* Hot beverages, coffee, tea			
Tap water is 120 degrees F or less			
Always test water with hand or bath thermometer before placing a child in tub or washing child's hands			
Prevent children's access to space heaters			

<b>Objects out of Reach</b>	<b>Yes</b>	<b>No</b>	<b>Need to repair</b>
Sharp objects out of reach - knives, scissors			
No latex balloons in Provider Home			
All plastic bags out of reach – trash bags, dry cleaner bags, grocery bags, Zipper-type bags, etc.			
Check toys regularly for breakage or potential hazards, such as:			
* Avoid marbles, small balls, items that fit within choking tube			
* Stuffed animals securely stitched; no small eyes to remove			
* Rattles with removable parts			
* Squeeze toys with removable “squeeze”			
* Toys with cords or strings – strings less than 9”			
In bathroom, remove all objects that could cause electrical shock, such as:			
* Hair dryer, electric curler, curling iron			
* Electric razor, radio, space heater			
<b>Outdoor Play Area</b>			
Play area free of hazards such as:			
* Machines, power mowers, tools			
* Unused refrigerators, chests, boxes			
* Tree roots and other tripping hazards			
* Glass, trash, debris			
Empty all water containers immediately after use			
Play area is fenced or barricaded, especially if near a busy street, water source, or trash dump			

<b>Outdoor Play Area</b>	<b>Yes</b>	<b>No</b>	<b>Need to repair</b>
Play equipment spaced at least six feet from other equipment, vehicles, buildings, fences, walkways, trees, large rocks			
Have impact-absorbent surface under and at least 6 feet from all edges of play equipment (follow CPSC Standards)			
No protruding bolts or screws – covered with plastic safety cap or tape			
No pinch points on play equipment, swings, gliders			
If swings used, S hooks are completely closed			
Swing chains are covered with plastic hose for at least lower 4 feet			
Play equipment firmly anchored in the ground; no exposed concrete or anchors			
Storage areas such as garages, barns, or sheds, are locked or barricaded			
If you have an in-ground or above-ground pool, it inaccessible to children, locked with a self-latching device or enclosed with fence at least 48" high or protective barrier.			
<b>Emergency Planning</b>			
Have local community emergency numbers posted by your phone – police, fire, ambulance, hospital, poison center			
Have two people for emergency back care who live within 10 minutes of your Home			
Have children's emergency numbers available in writing when you leave the facility (field trips, walks)			
Have a fully stocked first aid kit – checked regularly			
Have an evacuation plan for when children are awake.			
Have an evacuation plan for when children are asleep.			
Have a currently charged fire extinguisher located away from the stove and near an exit.			
Have at least 1 working smoke detector located on each level of your facility			
Check smoke detectors monthly; change batteries every 6 months			
Two (2) clear exits to the outside on each level of your facility.			
You and staff trained in first aid and CPR			

