

## Oral Health and Young Children

1. Baby teeth are not important since the child is going to lose them anyway.
  - a. True
  - b. False
2. You do not need to clean an infant's gums after feeding, unless the infant has teeth.
  - a. True
  - b. False
3. Do not use toothpaste when cleaning an infant's mouth.
  - a. True
  - b. False
4. Teething gels are recommended to ease teething pain.
  - a. True
  - b. False
5. Most children have developed the fine motor skills needed to brush thoroughly at about what age?
  - a. 3-4 years
  - b. 4-5 years
  - c. 5-6 years
  - d. 6-7 years
6. Germs can live on toothbrushes. The germs that cause strep throat can live on a toothbrush for 30 days!
  - a. True
  - b. False
7. Children can get too much fluoride if they swallow the toothpaste. Too much fluoride can discolor the teeth.
  - a. True
  - b. False
8. Dental sealants are applied to children's back teeth to help:
  - a. Prevent shifting of the teeth
  - b. Improve chewing ability
  - c. Prevent cavities
  - d. Add fluoride and strengthen enamel
9. Parents should schedule a visit to the dentist within six months of eruption of the first tooth – usually before the child's first birthday.
  - a. True
  - b. False
10. Dried fruits are "stickier" than chocolate, and therefore more likely to cause cavities.
  - a. True
  - b. False

**Oral Health and Young Children  
ANSWER SHEET**

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## Training Evaluation

Why did you attend this training session?

List three things you learned during this training.

What did you enjoy most about the training?

What did you enjoy least about the training?

Because of what you learned during this training, what is one thing you will do to improve your ECCE program?

Please include any comments or ideas that you think would make this training more effective.

Are there any subjects that you would like to learn more about?

