

Home Medicine Chest

1. Herbal or “natural” remedies are safe for children.
 - a. True
 - b. False
2. Many Over-the-Counter (non-prescription) medicines are the same ingredients as prescription drugs.
 - a. True
 - b. False
3. A stuffy or runny nose may be caused by an allergy, a cold, or a sinus infection. Which of the following is not usually recommended for young children?
 - a. Saline (non-medicated) nose spray
 - b. Medicated nose spray
 - c. Cool air humidifier
4. Which of the following is not recommended for children with fever or pain?
 - a. Acetaminophen (Tylenol)
 - b. Ibuprofen (Advil)
 - c. Aspirin
5. The best fluid replacement for a child with vomiting or diarrhea is water.
 - a. True
 - b. False
6. Syrup of Ipecac is no longer recommended as a treatment for poisoning.
 - a. True
 - b. False
7. Soap and warm running water is the best way to clean wounds and remove germs.
 - a. True
 - b. False
8. Put butter or grease on a minor burn to heal the skin.
 - a. True
 - b. False
9. Eating utensils, such as a spoon, can be used to accurately measure medicine.
 - a. True
 - b. False
10. Common side effects of medications include all except which of the following:
 - a. Drowsiness
 - b. Stomachache
 - c. Shortness of breath
 - d. Dizziness

**Home Medicine Chest
ANSWER SHEET**

1. Herbal or “natural” remedies are safe for children.
a. True **b. False****

2. Many Over-the-Counter (non-prescription) medicines are the same ingredients as prescription drugs.
a. True** b. False

3. A stuffy or runny nose may be caused by an allergy, a cold, or a sinus infection. Which of the following is not usually recommended for young children?
a. Saline (non-medicated) nose spray
b. Medicated nose spray**
c. Cool air humidifier

4. Which of the following is not recommended for children with fever or pain?
a. Acetaminophen (Tylenol)
b. Ibuprofen (Advil)
c. Aspirin**

5. The best fluid replacement for a child with vomiting or diarrhea is water.
a. True** b. False

6. Syrup of Ipecac is no longer recommended as a treatment for poisoning.
a. True** b. False

7. Soap and warm running water is the best way to clean wounds and remove germs.
a. True** b. False

8. Put butter or grease on a minor burn to heal the skin.
a. True **b. False****

9. Eating utensils, such as a spoon, can be used to accurately measure medicine.
a. True **b. False****

10. Common side effects of medications include all except which of the following:
a. Drowsiness
b. Stomachache
c. Shortness of breath
d. Dizziness

Training Evaluation

Why did you attend this training session?

List three things you learned during this training.

What did you enjoy most about the training?

What did you enjoy least about the training?

Because of what you learned during this training, what is one thing you will do to improve your ECCE program?

Please include any comments or ideas that you think would make this training more effective.

Are there any subjects that you would like to learn more about?

