

Wash Hands



1. Wet hands.



2. Rub soap all over your hands. Make a lot of lather and bubbles.



3. Rub all over, under, and between fingers.



4. Rinse your hands under running water.



5. Use a clean towel or a paper towel to dry hands.



6. Use paper towel to turn off water.



7. Put the used paper towel in the trash can.