

## Daily Health Check

Complete a brief check of each child upon arrival. This should be done before the parent or guardian leaves so that a child who appears to be ill or injured can be taken home or to the doctor/clinic as appropriate. This routine should be accomplished in a non-threatening manner, such as through greeting games

The following is a list of possible visual signs/symptoms to check. Please check any that apply, note the location of injuries, rashes, or pain on the drawing below, and provide a detailed description.

- \_\_\_ Fever (warm to the touch)
  - \_\_\_ Hair (clean; check for lice or ringworm)
  - \_\_\_ Face and head (cuts, bruises, sore spots)
  - \_\_\_ Eyes, ears, nose (redness, discharge, swelling, pain)
  - \_\_\_ Arms and legs (cuts, bruises, burns, sores or wounds, pain)
  - \_\_\_ Hands (sores, wounds, burns, unusual scars)
  - \_\_\_ Feet (limping, pain; may check during nap time for sores, wounds, burns)
  - \_\_\_ Skin (rashes, irritation, insect bites)
  - \_\_\_ General appearance (body, hair and clothing clean; energy level; extreme hunger)
  - \_\_\_ Obvious signs of illness (droopy appearance; listless; upset stomach)
  - \_\_\_ “Hidden” areas (check for obvious signs of physical or sexual abuse during first bathroom break - bruising, pain during urination or bowel movement, bleeding)
  - \_\_\_ Other
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The tactile (touch) health check involves gently rubbing your hand on the child’s back, shoulder, or head as you greet him or her. This is one way to observe signs of possible illness or injury on areas of the body which are covered by clothing or hair.)

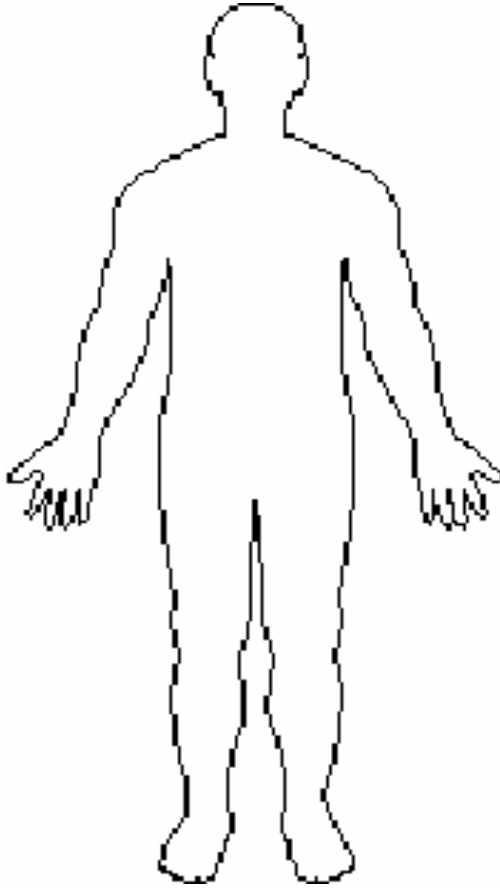
- \_\_\_ General feeling of warmth, indicating possible fever.
- \_\_\_ Possible bruising or soreness; the child may flinch or pull away from your touch

Verbal communication as you greet each child may provide clues to possible illness or injury. Talk to child and ask questions such as:

- Did you get a good night’s sleep?
- If an injury or apparent soreness is observed, ask the child “How did you get hurt?”
- Comments:

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