

The following text is the first draft of guidance for training for child caregivers. Please review, and make your recommended changes, either in color or using strike-through/redline. Send the revised document to Charlotte Hendricks chendricks@wwisp.com.

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**Sample Outline for
40-hour training or
3 credit hour college course**

Field Code Changed

Health and Safety for Childcare Providers

Introduction: Why health and safety is important in childcare (4 hours)

Unintentional injuries are the leading cause of death among US children ages 14 & under (safety aspect)

The no. of US children under age 5 who are in childcare

- X Difference in working with infants/toddlers/preschoolers and K-8/elementary
- X Difference in children by ages: developmental needs; how babies are different from toddlers; toddlers from preschoolers; preschoolers from kindergarteners.
- X Audience: Who are the childcare providers? Educational levels; training; family vs. center-based; part time vs full time; relative care, etc.
- X Why and how child caregivers work with parents (This needs to be more clearly stated)
- X What are the health/safety requirements for childcare: Caring for our Children, Head Start performance standards, NAEYC accreditation, state licensing, etc.

Health and Safety Education for children, parents, and staff (2 hours)

Why it is critical to begin health and safety education in early childhood

Why parent education and family involvement is essential to the process

The importance of healthy caregivers, including role modeling

- X Appropriate resources: what to look for, where to find, how to use

Sanitation and disease prevention (3 hours)

- X Hand washing
- X Toileting
- X Cleaning and disinfecting
- X Immunization
- X Exclusion, contacting and informing parent, contacting physician

Various diseases and conditions (2 hours)

- X Rashes
- X Parasites (lice, scabies, pinworms)
- X Viruses and bacteria

Safety and Injury Prevention (10 hours)

- X Indoor safety (classroom, center)
- X Playground (center, home)
- X Home safety
- X Emergencies and responses
- X Poison prevention
- X Fire and burn prevention
- X The importance of first aid training
- X Field trip safety

Fitness (2 hours)

- X Fitness and motor skills development
- X Integrating movement/fitness throughout day

Health Services (2 hour)

- X Screening
- X Resources
- X Medication
- X Authorization

Nutrition (4 hours)

- X Basic nutrients and development of young children
- X Feeding techniques
- X Food Guide Pyramid & Dietary Guidelines
- X Menu planning, including meals and snacks
- X Food safety
- X Cooking activities, nutrition education. and recipe ideas

Disabilities (2 hours)

- X IDEA and ADA
- X Accessibility in center/home
- X Accessibility on playground
- X Requirements to enroll and/or meet children's needs
- X Resources

Mental and Emotional Health (4 hours)

- X Brain development
- X Bonding

Comment [MMS1]: This topic needs more hours.

- X Mental and emotional health needs of children
 - Promoting self-esteem
 - Social-emotional learning (personal & social skills)
 - Stress management
- X Appropriate discipline and redirection

Transportation (1 hour)

- X Child passenger safety
- X Supervision
- X Vehicles
- X Driver and monitor qualifications
- X Parent notification
- X Emergency situations

Oral Health (1 hour)

- Oral health problems in US children
- X Teething
- X Teeth brushing in childcare
- X Injury prevention and treatment
- X Dental health education

Abuse & Neglect (2 hours)

- X Recognizing signs of abuse and neglect
- X Reporting suspected child maltreatment
- X Why all childcare providers should participate in regular child abuse prevention trainings

Policy and Procedures Manuals (1 hour)

- X Why needed
- X How to develop

Resources

Comment [MMS2]: If we make it clear that parent education is essential to all topic areas, I'm not sure we need to list it under an individual topic. Likewise, if we list resources, I'd rather list it under each major topic or just use the category at the end.