

Dear Parents,

A poison is something that can hurt you if you eat, drink, touch, or smell it. If your child may have been exposed to poison, call the Poison Center immediately! **1-800-222-1222**

Page 2 - Young children explore and learn by putting items in their mouth. Teach children to ask an adult before tasting something. Keep toxic items, such as button batteries, out of reach.

Page 3 - Some plants, flowers, berries, and mushrooms can make you sick. Explain to children to avoid berries plants they find outdoors unless an adult is with them. Have fun by tasting berries, vegetables, and other foods from a store or market.

Page 4 - Keep sprays away from your face and eyes. Paints, insecticides, and cosmetics can cause injury if sprayed in the face or eyes. Keep spray containers out of children's reach.

Page 5 - Many poisons come in pretty bottles and colors. Children may think cleaning products are safe because they look or smell like juice drinks. Keep all cleaning products out of reach.

Page 6 - Teach your child to take medicine only from a responsible adult, such as a parent or doctor. Even vitamins, herbs, and other over-the-counter products can be dangerous. Always ask a doctor or pharmacist before giving medicine to a child. Follow directions carefully.

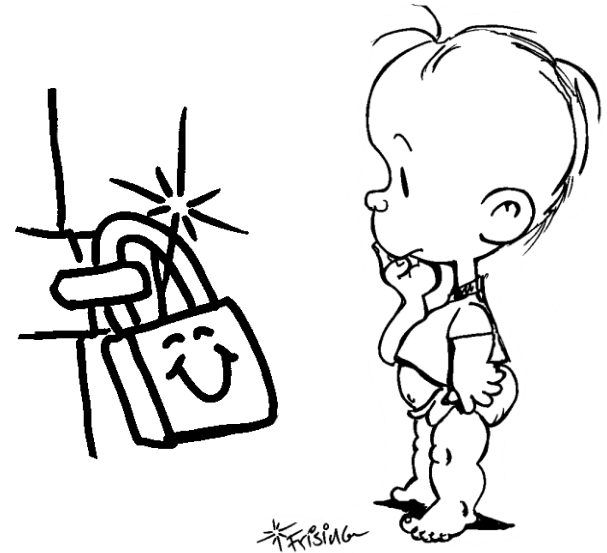
Page 7 - Flowers and perfume smell good and are safe. But smells from paint, glue, gasoline, and other chemicals can make you sick. Smells like vehicle exhaust are also dangerous.

Post the Poison Center number near your phone and program it in your cell phone. 1-800-222-1222

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Prevent Poisoning

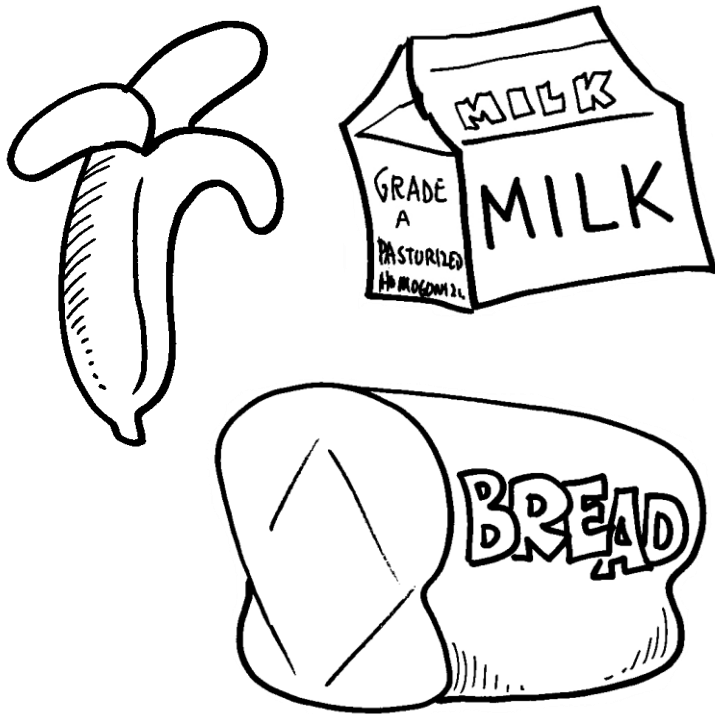


Poison Center
1-800-222-1222

Part of the *HIP on Health* series
Written by Charlotte Hendricks
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Only food goes
in your mouth.



Ask an adult before
tasting something.

Flowers and perfume
smell good.



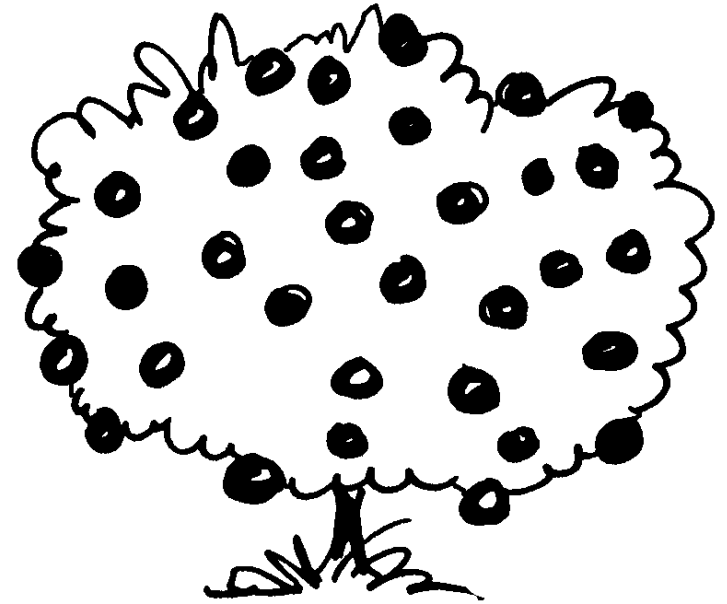
Smells from paint, glue,
and gasoline can make
you sick.

Medicines can help if you are sick.



Only take medicine from an adult, like a parent or doctor.

Some plants have flowers and berries.



Some berries can make you sick. Ask an adult before eating berries.

Deodorant, hair spray,
and air freshener may
come in spray cans.



Keep spray away from
your face and eyes.

Some poisons have
pretty bottles.



These things can hurt
you. Only adults should
use them.