



## Comprehensive Health Education for Young Children

WHEREAS, the American School Health Association is committed to coordinated school health programs for children;

WHEREAS, it is recognized that coordinated school health programs include the school environment, health instruction, health services, physical education, counseling and guidance, school food services, staff health promotion, and integration of school and community health promotion activities;

WHEREAS, preschool (birth to age five) health education programs may be defined as a component of the community's response to coordinated school health programs that develop lifelong patterns of living and behavior;

WHEREAS, the introduction and reinforcement of healthy lifestyle, health skills, habits, and health at early ages set the foundation for lifelong patterns of living; and

WHEREAS, most preschool children in the U.S. take part in preschool programs;

THEREFORE, BE IT RESOLVED that the American School Health Association recommends that health education should be included at the preschool level as part of a coordinated school health program; and

BE IT FURTHER RESOLVED that the American School Health Association shall actively work to implement health education in early childhood programs across the U.S. and such activity may be accomplished by working with individuals and affiliated early childhood education and health education organizations and agencies.

Year Adopted: 1993

8 2004

**American School Health Association**

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